

# Wings of Refuge House Needs and Gift Ideas

## Personal Items:

Planners  
Journals  
Sticky Notes  
Fun pens/markers  
Gum  
Essential Oils (Young Living® or dōTERRA® preferred)

## Health & Beauty:

Deodorant (full size)  
Lotion/Gel (full size/name brand)  
-Aromatherapy Lotion (Stress Relief; Sleep; Lavender; Peppermint; Happiness)  
-Aromatherapy Shower Gel (Stress Relief; Comfort; Focus; Happiness)  
Face Cleanser (mild such as Cetaphil)  
Moisturizing Face Lotion

## Gift Cards:

Cabin Coffee, Cafe Diem, Starbucks, Scooters, Target, WalMart, Casey's, Hy-Vee, Fareway, Aldi, Hobby Lobby, Dollar Tree, Kohl's, TJ Maxx, Shoe Carnival, Menards, Lowes, Movie Passes, Bowling Passes, or any type of activity passes from the Ames area

## House Needs:

Coffee (not K-Cups)	Laundry Detergent & Fabric Softener
Paper Towels & Napkins	Wool Dryer Balls
Kleenex	Bathroom Cleaner (without bleach)
Freezer Bags (misc sizes)	Toilet Bowl Cleaner
Tin Foil & Press and Seal	Window Cleaner
Dish Soap	Scotch Brite Non-Scratch Dishwand Refills
Hand Soap	Bona Wood Floor Cleaner
Kitchen Cleaner	Gift Wrap, Gift Bags, and Tissue Paper

## Seasonal:

Ice Melt & Sand

## Office Supplies:

Stamps, Scotch Tape, Printer Paper, Envelopes (#10 & #8), Thank You Cards



*So Exploitation Ends For One More Girl.*

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We ask that all items are new and in original packaging.  
Please send your supplies directly to the address above or contact us to make special arrangements.  
You can also shop the "Wings of Refuge Needs List" on Amazon.